

CRER 137 Life and Career Planning

CRER 137 LIFE AND CAREER PLANNING

Provides a comprehensive approach to life and career planning. Topics include self- assessment (values, skills, personality and interests), and an analysis of career development over the life span. An intensive career investigation that encompasses decision-making, goal-setting, job search strategies, resume writing and interviewing skills. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 3

Hours/semester: 48-54 Lecture; 96-108 Homework

AA/AS Degree Requirements: Area E1

Transfer Credit: CSU (CSU GE Area E1), UC

