

Dance

(See also [Aquatics](#), [Fitness](#), [Individual Sports](#), [Kinesiology](#), [Team Sports](#) and [Varsity Sports](#))

(View [List of Dance Families](#))

(Please make sure to [see repeatability statement listed at the beginning of the Kinesiology, Athletics and Dance section](#))

DANC 100 DANCE APPRECIATION

An overview of dance history, beginning with classical era, folk and ethnic dance. This course surveys the development of Modern, Ballet, Jazz and other dance forms through video analysis. NOTE: This course is not activity-based and is not applicable to the specific area requirement in Physical Education for the Associate Degree. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 3

Hours/semester: 48-54 Lecture; 96-108 Homework

AA/AS Degree Requirements: Area C1

Transfer Credit: CSU (CSU GE Area C1), UC (IGETC Area 3A)

DANC 115.1 MEXICAN FOLKLORIC DANCE I

Beginning level of the cultural dances of México. Students learn the skills of dance while improving their technique, poise, self- confidence and creative ability as well as deepening their understanding of and appreciation for the rich and colorful heritage that each dance represents. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 115.2 MEXICAN FOLKLORIC DANCE II

Continuation of DANC 115.1 Covers the Intermediate level of the cultural dances of México. Students learn the skills of dance while improving their technique, poise, self- confidence and creative ability as well as deepening their understanding of and appreciation for the rich and colorful heritage that each dance represents. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 115.1 or demonstrated skill.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 115.3 MEXICAN FOLKLORIC DANCE III

Continuation of DANC 115.2. Covers the Intermediate to advanced level of the cultural dances of México. Students learn the skills of dance while improving their technique, poise, self- confidence and creative ability as well as deepening their understanding of and appreciation for the rich and colorful heritage that each dance represents. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 115.2 or demonstrated skill.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 115.4 MEXICAN FOLKLORIC DANCE IV

Continuation of DANC 115.3. Covers the Advanced level of the cultural dances of México. Students learn the skills of dance while improving their technique, poise, self- confidence and creative ability as well as deepening their understanding of and appreciation for the rich and colorful heritage that each dance represents. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 115.3 or demonstrated skill.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 117.1 TAP DANCE I

This course covers beginning tap dance technique, tap vocabulary, dance combinations and rhythmic patterns while developing musicality and basic performance skills. Opportunities are available to perform, in order to better appreciate tap dance. Choreography and improvisational group projects/presentations are developed over the course of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 117.2 TAP DANCE II

Continuation of DANC 117.1. This course covers intermediate tap dance technique, tap vocabulary, dance



combinations and rhythmic patterns while developing musicality and basic performance skills. Opportunities are available to perform, in order to better appreciate tap dance. Choreography and improvisational group projects/presentations are developed over the course of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 117.1 or demonstrated skill level.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 117.3 TAP DANCE III

Continuation of DANC 117.2. This course covers intermediate to advanced tap dance technique, tap vocabulary, dance combinations and rhythmic patterns while developing musicality and basic performance skills. Opportunities are available to perform, in order to better appreciate tap dance. Choreography and improvisational group projects/presentations are developed over the course of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 117.2 or demonstrated skill level.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 117.4 TAP DANCE IV

Continuation of DANC 117.3. This course covers advanced tap dance technique, tap vocabulary, dance combinations and rhythmic patterns while developing musicality and basic performance skills. Opportunities are available to perform, in order to better appreciate tap dance. Choreography and improvisational group projects/presentations are developed over the course of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 117.3 or demonstrated skill level.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 121.1 CONTEMPORARY MODERN DANCE I

Beginning level instruction in the Contemporary Modern Dance style, including warm-up and floor movement with an emphasis on proper techniques, creativity, style and self expression. Students learn short dance phrases and will be expected to choreograph and perform a modern dance by the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 121.2 CONTEMPORARY MODERN DANCE II

Intermediate level instruction in the Contemporary Modern Dance style, including warm-up and floor movement with an emphasis on proper techniques, creativity, style and self expression. Students learn short dance phrases and are expected to choreograph and perform a modern dance by the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 121 or DANC 121.1

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 121.3 CONTEMPORARY MODERN DANCE III

Advanced intermediate level instruction in the Contemporary Modern Dance style, including warm-up and floor movement with an emphasis on proper techniques, creativity, style and self expression. Students learn short dance phrases and are expected to choreograph and perform a modern dance by the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 121.2

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 121.4 CONTEMPORARY MODERN DANCE IV

Advanced level instruction in the Contemporary Modern Dance style, including warm-up and floor movement with an emphasis on proper techniques, creativity, style and self



expression. Students learn short dance phrases and are expected to choreograph and perform a modern dance by the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 121.3

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 125.1 SALSA I

Beginning techniques of partner salsa dancing. Proper body placement, lead and follow techniques, and stylization applied to dance patterns. Shine steps are covered. Dance etiquette and rhythm of salsa music covered. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 125.2 SALSA II

Continuation of DANC 125.1. A thorough review of Salsa I is provided. Intermediate salsa patterns including more complex turns, patterns, and shines are introduced. Greater emphasis on the development of dance stylization, timing, and safety. Student choreography and presentation is encouraged. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 125.1 or demonstrated skill.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 125.3 SALSA III

Continuation of DANC 125.2. Includes a quick review of DANC 125.1 and a thorough review of DANC 125.2. More complex patterns are demonstrated and practiced, with emphasis on dance pattern design at the Intermediate/Advanced level. Student choreography and "learning by teaching" is required. Includes emphasis on partner dancing safety and core body awareness, and improving balance, strength, and flexibility in preparation for advanced patterns and stage performance. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 125.2 or demonstrated ability.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 125.4 SALSA IV

Continuation of DANC 125.3. Designed for the advanced student who has already demonstrated Intermediate/Advanced ability in lead/follow technique, dance pattern complexity, and proper timing. Longer and more difficult dance combinations are covered without introduction or emphasis of the basics. Choreography of intermediate/advanced shines and partner patterns required. Student learning by teaching required. Performance required. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 125.3 or demonstrated ability.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 130.1 JAZZ DANCE I

Covers various movement forms with an emphasis on rhythm, style and proper techniques. Students learn a variety of jazz phrases and are expected to choreograph and perform a jazz dance at the introductory level by the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 130.2 JAZZ DANCE II

Continuation of DANC 130.1. This course covers various movement forms with an emphasis on rhythm, style and proper techniques. Students learn a variety of jazz phrases and are expected to choreograph and perform a jazz dance at the intermediate level by the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 130.1

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC



DANC 130.3 JAZZ DANCE III

Continuation of DANC 130.2. This course covers various movement forms with an emphasis on rhythm, style and proper techniques. Students learn a variety of jazz phrases and are expected to choreograph and perform a jazz dance at the advanced intermediate level by the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 130.2

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 130.4 JAZZ DANCE IV

Continuation of DANC 130.3. This course covers various movement forms with an emphasis on rhythm, style and proper techniques. Students learn a variety of jazz phrases and are expected to choreograph and perform a jazz dance at the advanced level by the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 130.3

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 140.1 BALLETT I

Beginning barre, floor technique and movement fundamentals with emphasis on body control, form and special patterns. Students learn a variety of dance phrases and are expected to perform a ballet dance at the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 140.2 BALLETT II

Intermediate barre, floor technique and movement fundamentals with emphasis on body control, form and special patterns. Students learn a variety of dance phrases and are expected to perform a ballet dance at the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 140.1

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 140.3 BALLETT III

Advanced intermediate barre, floor technique and movement fundamentals with emphasis on body control, form and special patterns. Students learn a variety of dance phrases and are expected to perform a ballet dance at the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 140.2

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 140.4 BALLETT IV

Advanced barre, floor technique and movement fundamentals with emphasis on body control, form and special patterns. Students learn a variety of dance phrases and are expected to perform a ballet dance at the end of the semester. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 140.3

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 150.1 HIP HOP I

Provides students with beginning practical experience in current hip-hop dance trends and techniques. The class covers terminology and a brief history of hip-hop dance. Students learn and perform beginning hip-hop dance steps. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 150.2 HIP HOP II

Continuation of DANC 150.1. Intermediate dance techniques and movement which include direction and



rhythmic changes. Limited student choreography which includes a variety of intermediate hip-hop phrases is also included. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 150.1

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 150.3 HIP HOP III

Continuation of DANC 150.2. Intermediate/advanced dance techniques, routines and group presentations. Emphasis on individual student and group choreography. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 150.2

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 150.4 HIP HOP IV

Continuation of DANC 150.3. Advanced dance techniques, and movement which include level changes, rhythmic and direction changes. Choreography and improvisational group projects/presentations which include exploring performance aspect of hip-hop dance. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 150.3

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 151.1 SOCIAL DANCE I

The basic steps of social ballroom dances are covered. Basic dance vocabulary, technique, body placement, and the relationships between music, rhythm and the dances are emphasized throughout the course. Students are instructed in lead and follow techniques and dance etiquette. The basic patterns of the following social ballroom dances are taught: Waltz, East Coast Swing, Cha Cha Cha, Rumba, Foxtrot, Merengue and Tango. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 151.2 SOCIAL DANCE II

Continuation of DANC 151.1. Refines the basic skills of social ballroom dances. Emphasis is given to lead and follow, various techniques, complex steps, varied rhythm and certain dance style. Intermediate level social dance figures are introduced in the following dances: Waltz, East Coast Swing, Cha Cha Cha, Rumba, Foxtrot, Merengue and American Tango. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 151.1 or demonstrated skill.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 151.3 SOCIAL DANCE III

Continuation of DANC 151.2. Refines the intermediate skills of social ballroom dances. Emphasis is given to lead and follow, various techniques, complex steps, varied rhythm and certain dance style. Intermediate/Advanced level social dance figures are introduced in the following dances: Waltz, East Coast Swing, Cha Cha Cha, Rumba, Foxtrot, and American Tango. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 151.2 or demonstrated skill.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 151.4 SOCIAL DANCE IV

Continuation of DANC 151.3. Refines the intermediate/advanced skills of social ballroom dances. Longer and more difficult dance combinations are covered without introduction of, or emphasis on the basics. Specific emphasis is given to the dance style and technique of each dance. Advanced level social dance figures are introduced in the following dances: Waltz, East Coast Swing, Cha Cha Cha, Rumba, Foxtrot, Merengue and American Tango. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 151.3 or demonstrated skill.

AA/AS Degree Requirements: Area E2; Physical Education



Transfer Credit: CSU (CSU GE Area E2), UC

DANC 157.1 AFRO CUBAN DANCE FUSION I

Beginning level Afro Cuban dances. Students will integrate Afro Cuban elements into modern social dancing, using the body as a medium for cultural understanding and community building. Students will gain a foundation of Afro Cuban Folkloric, Rumba, Salsa, Son, ChaChaCha, Conga, Ladies Styling, Mambo and Cabaret, so they are ready to confidently join today's dance community. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

AA/AS Degree Requirements: Area E2

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 157.2 AFRO CUBAN DANCE FUSION II

Intermediate level Afro Cuban dances. Students will integrate Afro Cuban elements into modern social dancing, using the body as a medium for cultural understanding and community building. Students will gain a foundation of Afro Cuban Folkloric, Rumba, Salsa, Son, ChaChaCha, Conga, Ladies Styling, Mambo and Cabaret, so they are ready to confidently join today's dance community. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 157.1

AA/AS Degree Requirements: Area E2

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 157.3 AFRO CUBAN DANCE FUSION III

Advanced intermediate level Afro Cuban dances. Students will integrate Afro Cuban elements into modern social dancing, using the body as a medium for cultural understanding and community building. Students will gain a foundation of Afro Cuban Folkloric, Rumba, Salsa, Son, ChaChaCha, Conga, Ladies Styling, Mambo and Cabaret, so they are ready to confidently join today's dance community. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 157.2

AA/AS Degree Requirements: Area E2

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 157.4 AFRO CUBAN DANCE FUSION IV

Advanced level Afro Cuban dances. Students will integrate Afro Cuban elements into modern social dancing, using the body as a medium for cultural understanding and community building. Students will gain a foundation of Afro Cuban Folkloric, Rumba, Salsa, Son, ChaChaCha, Conga, Ladies Styling, Mambo and Cabaret, so they are ready to confidently join today's dance community. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 157.3

AA/AS Degree Requirements: Area E2

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 161.1 TANGO ARGENTINO I

This course is designed to introduce students to the essence of beginning level Argentine Tango (the dance of love) as well as basic improvisational skills. Viewing tango as a language, students develop musicality and focus on the connection between partners in order to dance confidently in social settings around the world. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 161.2 TANGO ARGENTINO II

Continuation of DANC 161.1. This course is designed to introduce students to the essence of intermediate level Argentine Tango (the dance of love) as well as basic improvisational skills. Viewing tango as a language, students develop musically and focus on the connection between partners in order to dance confidently in social settings around the world. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 161.1 or demonstrated skill level.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 161.3 TANGO ARGENTINO III

Continuation of DANC 161.2. This course is designed to introduce students to the essence of advanced level Argentine Tango (the dance of love) as well as basic



improvisational skills. Viewing tango as a language, students develop musically and focus on the connection between partners in order to dance confidently in social settings around the world. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 161.2 or demonstrated skill level.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 161.4 TANGO ARGENTINO IV

Continuation of DANC 161.3. This course is designed to introduce students to the essence of expert level Argentine Tango (the dance of love) as well as basic improvisational skills. Viewing tango as a language, students develop musically and focus on the connection between partners in order to dance confidently in social settings around the world. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 or 1

Hours/semester: 24-54 Lab

Prerequisites: DANC 161.3 or demonstrated skill level.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 350.1 CARDIO DANCE I

Beginning level steps, stretches, and toning exercises choreographed to Latin, hip hop, jazz, ballet, modern, popular, and contemporary dance rhythms. Designed to increase cardiovascular health while learning dance movements in a non-competitive environment. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 350.2 CARDIO DANCE II

Continuation of DANC 350.1. Intermediate level steps, stretches, and toning exercises choreographed to Latin, hip hop, jazz, ballet, modern, popular, and contemporary dance rhythms. Designed to increase cardiovascular health while learning dance movements in a non-competitive environment. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 350.1

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 350.3 CARDIO DANCE III

Continuation of DANC 350.2. Advanced intermediate level steps, stretches, and toning exercises choreographed to Latin, hip hop, jazz, ballet, modern, popular, and contemporary dance rhythms. Designed to increase cardiovascular health while learning dance movements in a non-competitive environment. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 350.2

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 350.4 CARDIO DANCE IV

Continuation of DANC 350.3. Advanced level steps, stretches, and toning exercises choreographed to Latin, hip hop, jazz, ballet, modern, popular, and contemporary dance rhythms. Designed to increase cardiovascular health while learning dance movements in a non-competitive environment. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 350.3

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 400.1 DANCE PERFORMANCE AND PRODUCTION I

Beginning level theory and practice in dance composition, evaluation and program production. Students become familiar with all types of choreography principles and stage production. Includes emphasis on a variety of dance forms from traditional Western European to ethnic. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC



DANC 400.2 DANCE PERFORMANCE AND PRODUCTION II

Intermediate level theory and practice in dance composition, evaluation and program production. Students become familiar with all types of choreography principles and stage production. Includes emphasis on a variety of dance forms from traditional Western European to ethnic. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 400.1

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 400.3 DANCE PERFORMANCE AND PRODUCTION III

Advanced Intermediate level theory and practice in dance composition, evaluation and program production. Students become familiar with all types of choreography principles and stage production. Includes emphasis on a variety of dance forms from traditional Western European to ethnic. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 400.2

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 400.4 DANCE PERFORMANCE AND PRODUCTION IV

Advanced level theory and practice in dance composition, evaluation and program production. Students become familiar with all types of choreography principles and stage production. Includes emphasis on a variety of dance forms from traditional Western European to ethnic. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: DANC 400.3

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC

DANC 672 WORK EXPERIENCE EDUCATION: INTERNSHIP

Supervised internship in cooperation with private or public sector employers. Designed to apply knowledge and learn

new skills, directly related to the student's program of study, outside of the normal classroom environment. Students must attend one orientation which is offered the first three weeks of each semester. One unit of credit will be earned for each 48-54 hours of paid or unpaid work per semester, with a maximum of 6 units per semester. Students may repeat Work Experience courses within the SMCCCD for credit up to a maximum of 16 total units. The unit limitation applies to any Work Experience Education (any combination of 670, 671 and/or 672 courses) offered within the SMCCCD. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1 - 3

Hours/semester: 48-162 Work Experience

Prerequisites: A minimum of 12 completed units in the occupational discipline.

Transfer Credit: CSU

DANC 695 INDEPENDENT STUDY

Designed for students who are interested in furthering their knowledge via self-paced, individualized instruction provided in selected areas or directed study to be arranged with instructor and approved by the division dean using the Independent Study Form. Varying modes of instruction can be used -- laboratory, research, skill development, etc. For each unit earned, students are required to devote three hours per week throughout the semester. Students may take only one Independent Study course within a given discipline. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 0.5 - 3

Hours/semester: 24-162 Lab

Transfer Credit: CSU

