INDV 160.1 Golf I

Techniques, rules, etiquette, and strategy for beginning golf. Practical experience associated with grip, stance, swings relative to iron and wood shots at a beginning level. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

**Units:** 1

**Hours/semester:** 48-54 Lab

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC*