

KINE 137 Student-Athlete Skills for Success, First Year

KINE 137 STUDENT-ATHLETE SKILLS FOR SUCCESS, FIRST YEAR

Designed to introduce the first year student-athletes to the demands of collegiate academics. This course aids in the introduction to the common challenges of students participating in competitive collegiate sports; including student-athlete schedule management, and teacher-player communication. Student-athletes participate in athletic planning and academic monitoring along with California Community College Athletic Association eligibility requirements. Note: This course is not activity-based and is not applicable to the specific area requirement in Physical Education for the Associate Degree. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 1

Hours/semester: 48-54 Lab

Transfer Credit: CSU

