

KINE 138 Student-Athlete Skills for Success, Second Year

KINE 138 STUDENT-ATHLETE SKILLS FOR SUCCESS, SECOND YEAR

Designed for the second-year student-athletes with an emphasis on athletic and academic transfer requirements. This course aids in further exploration of the common challenges of students participating in competitive collegiate sports during their second year of competition, including student athlete schedule management, teacher-player communication, leadership, and athletic transfer requirements in congruence with California Community College Athletic Association, National Association Intercollegiate Athletics, and National Collegiate Athletics Association bylaws and guidelines. Student athletes participate in athletic planning and academic monitoring. Note: This course is not activity-based and is not applicable to the specific area requirement in Physical Education for the Associate Degree. *Grade Option (Letter Grade or Pass/No Pass). Units do not apply toward AA/AS degree.*

Units: 1

Hours/semester: 48-54 Lab

Prerequisites: KINE 137

Transfer Credit: CSU

