

TEAM 105 Advanced Baseball

TEAM 105 ADVANCED BASEBALL

Focuses on mastering individual skills and team concepts. This course is designed to improve the individual technique of students wishing to play intercollegiate community college baseball. Students also participate in numerous competitive drills and baseball conditioning. Demonstrated ability is required. May be repeated for credit up to 3 times. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

Units: 2

Hours/semester: 96-108 Lab

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC*

