

# TEAM 148.1 Indoor Soccer I

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## **TEAM 148.1 INDOOR SOCCER I**

A course designed to provide instruction and practice in the fundamentals of indoor soccer and Futsal, team competition, specialized tactics and beginning systems of play. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

**Units:** 1

**Hours/semester:** 48-54 Lab

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

