

TEAM 184 Soccer: Skill Development and Conditioning

TEAM 184 SOCCER: SKILL DEVELOPMENT AND CONDITIONING

Focuses on mastering individual skills and team concepts. It is designed to improve the individual technique of students wishing to play intercollegiate community college soccer. Students also participate in numerous competitive drills and soccer conditioning. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

Units: 2

Hours/semester: 96-108 Lab

Recommended: Demonstrated ability is required.

AA/AS Degree Requirements: Area E2; Physical Education

Transfer Credit: CSU (CSU GE Area E2), UC*

