

# Varsity Sports

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(See also [Aquatics](#), [Dance](#), [Fitness](#), [Individual Sports](#), [Kinesiology](#), and [Team Sports](#).)

(See [repeatability statement](#) listed at the beginning of the [Kinesiology, Athletics and Dance](#) section)

## **VARS 104 VARSITY BASEBALL**

Consists of intercollegiate competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

## **VARS 114 VARSITY BASKETBALL**

Intercollegiate competition in the Coast Conference as well as regional tournaments, the Northern California playoffs, and, when qualified, the state championships. *Letter Grade Only. Degree Credit.*

**Units:** 1.5

**Hours/semester:** 72-81 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

## **VARS 140 VARSITY GOLF**

Intercollegiate competition in the Coast Conference, dual matches, invitationals, and the conference championships. Team members also participate in the Northern California and, when qualified, state championships. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

## **VARS 154 VARSITY SOCCER**

Intercollegiate competition in the Coast Conference, regional tournaments, the Northern California playoffs and, when qualified, the state championships. May be repeated for credit up to 3 times *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

## **VARS 160 WOMEN'S VARSITY SWIMMING**

Consists of Intercollegiate Women's Swimming competition in the Coast Conference. The team also participates in regional invitationals, the Northern California Championship, and the CCCAA State Championship. Employs advanced training including conditioning and swim stroke mechanics at an intercollegiate level. May be repeated for credit up to 3 times. *Grade Option (Letter Grade or Pass/No Pass). Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

## **VARS 170 VARSITY TENNIS**

Consists of intercollegiate competition in the Coast Conference. The team also participates in dual matches, invitationals, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

## **VARS 300 VARSITY BASKETBALL: WOMEN**

Consists of Intercollegiate Women's Basketball competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*



**Units:** 1.5

**Hours/semester:** 72-81 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

### **VARS 340 VARSITY WOMEN'S VOLLEYBALL**

Consists of intercollegiate competition in the Coast Conference. The team also participates in regional tournaments, Northern California playoffs and state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Athlete must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

### **VARS 350 WOMEN'S VARSITY BADMINTON**

Consists of Intercollegiate Women's Badminton competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

### **VARS 400 WOMEN'S VARSITY WATER POLO**

Consists of Intercollegiate Women's Water Polo competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs, and the state championships. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC\*

