Varsity Sports

(See also Aquatics, Dance, Fitness, Individual Sports, Kinesiology, and Team Sports)

(See repeatability statement listed at the beginning of the Kinesiology, Athletics and Dance section)

VARS 104 VARSITY BASEBALL
Consists of intercollegiate competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. Letter Grade Only. Degree Credit.

Units: 3
Hours/semester: 144-162 Lab
Prerequisites: Demonstrated ability. Student-athletes must be enrolled in 12 units.

AA/AS Degree Requirements: Area E2; Physical Education
Transfer Credit: CSU (CSU GE Area E2), UC*

VARS 114 VARSITY BASKETBALL
Consists of intercollegiate competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. Letter Grade Only. Degree Credit.

Units: 1.5
Hours/semester: 72-81 Lab
Prerequisites: Demonstrated ability. Student-athletes must be enrolled in 12 units.

AA/AS Degree Requirements: Area E2; Physical Education
Transfer Credit: CSU (CSU GE Area E2), UC*

VARS 140 VARSITY GOLF
Consists of intercollegiate competition in the Coast Conference. Team members also participate in regional California and state championships when qualified. May be repeated for credit up to 3 times. Letter Grade Only. Degree Credit.

Units: 3
Hours/semester: 144-162 Lab
Prerequisites: Demonstrated ability. Student-athletes must be enrolled in 12 units.

AA/AS Degree Requirements: Area E2; Physical Education
Transfer Credit: CSU (CSU GE Area E2), UC*

VARS 154 VARSITY SOCCER
Consists of intercollegiate competition in the Coast Conference. The team will also participate in regional tournaments, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. Letter Grade Only. Degree Credit.

Units: 3
Hours/semester: 144-162 Lab
Prerequisites: Demonstrated ability. Student-athletes must be enrolled in 12 units.

AA/AS Degree Requirements: Area E2; Physical Education
Transfer Credit: CSU (CSU GE Area E2), UC*

VARS 160 WOMEN’S VARSITY SWIMMING
Consists of Intercollegiate Women’s Swimming competition in the Coast Conference. The team also participates in regional invitational, the Northern California Championship, and the CCCAA State Championship. Employs advanced training including conditioning and swim stroke mechanics at an intercollegiate level. May be repeated for credit up to 3 times. Grade Option (Letter Grade or Pass/No Pass). Degree Credit.

Units: 3
Hours/semester: 144-162 Lab
Prerequisites: Demonstrated ability. Student-athletes must be enrolled in 12 units.

AA/AS Degree Requirements: Physical Education
Transfer Credit: CSU, UC*

VARS 170 VARSITY TENNIS
Consists of intercollegiate competition in the Coast Conference. The team also participates in regional dual matches, Invitationals, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. Letter Grade Only. Degree Credit.

Units: 3
Hours/semester: 144-162 Lab
Prerequisites: Demonstrated ability. Student-athletes must be enrolled in 12 units.

AA/AS Degree Requirements: Area E2; Physical Education
Transfer Credit: CSU (CSU GE Area E2), UC*

VARS 300 VARSITY BASKETBALL: WOMEN
Consists of Intercollegiate Women’s Basketball competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs and
the state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 1.5

**Hours/semester:** 72-81 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC*

**VARS 340 VARSITY WOMEN’S VOLLEYBALL**

Consists of intercollegiate competition in the Coast Conference. The team also participates in regional tournaments, Northern California playoffs and state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Athlete must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC*

**VARS 350 WOMEN’S VARSITY BADMINTON**

Consists of Intercollegiate Women’s Badminton competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education

**Transfer Credit:** CSU (CSU GE Area E2), UC*

**VARS 400 WOMEN’S VARSITY WATER POLO**

Consists of Intercollegiate Women’s Water Polo competition in the Coast Conference. The team also participates in regional tournaments, the Northern California playoffs and the state championships when qualified. May be repeated for credit up to 3 times. *Letter Grade Only. Degree Credit.*

**Units:** 3

**Hours/semester:** 144-162 Lab

**Prerequisites:** Demonstrated ability. Student-athletes must be enrolled in 12 units.

**AA/AS Degree Requirements:** Area E2; Physical Education