

AS-T Nutrition and Dietetics

The AS-T major in Nutrition & Dietetics prepares students for transfer into bachelor's degree programs in Nutrition, Dietetics and similar fields.

Career Opportunities: Degree recipients in Nutrition & Dietetics are prepared for professional training for such careers as Registered Dietitians, Dietetic Technicians, Licensed Nutritionists, Sports Nutritionists and Health Coaches.

Career Opportunities

A transfer degree in nutrition and dietetics prepares students for further study in these fields, which might lead to employment in a variety of health care settings.

Program Learning Outcomes

Students completing this program will be able to:

1. Use the Scientific Method to investigate biological questions and critically evaluate and effectively communicate scientific data.
2. Recognize and explain the evolutionary connections between biological structures and their function and between organisms and their environment.
3. Critically evaluate biological information and examine its significance and impact on society and the environment.

AS-T Degree Requirements

Major: Core and Selective Requirements

Complete Core Courses:

Units

BIOL 240	General Microbiology	4 units
BIOL 310	Nutrition	3 units
CHEM 210	General Chemistry I	5 units
PSYC C1000	Introduction to Psychology	3 units

List A: Select two courses, 8-10 units from the following:

Units

BIOL 250	Human Anatomy	4 units
OR		
BIOL 260	Human Physiology	5 units
CHEM 220	General Chemistry II	5 units
CHEM 231	Organic Chemistry I	5 units
STAT C1000	Introduction to Statistics	4 units

List B: Select one courses, 3-5 units from the following:

Units

ANTH 110	Cultural Anthropology	3 units
COMM C1000	Introduction to Public Speaking	3 units
COMM 130	Interpersonal Communication	3 units
COMM 150	Intercultural Communication	3 units
ECON 100	Principles of Macro Economics	3 units
ECON 102	Principles of Micro Economics	3 units
ENVS 115	Environmental Science	3 units
SOCI 100	Introduction to Sociology	3 units
SOCI 105	Social Problems	3 units
MATH 241	Business Calculus I	5 units
MATH 251	Analytical Geometry and Calculus I	5 units
PHYS 210	General Physics I	4 units
PHYS 250	Physics with Calculus I	4 units
PSYC 205	Social Science Research Methods	3 units
OR		
SOCI 205	Social Science Research Methods	3 units
SPAN 110	Elementary Spanish	5 units

Completion of Cal-GETC (California General Education Transfer Curriculum)

Elective courses:

Additional CSU or UC transferable courses needed to meet the minimum 60 CSU transferable unit requirement.

Please refer to Associate Degree for Transfer (ADT) Requirements for more information.

