CA Youth and After School

The Education and Human Development program is designed to meet the needs of people planning for a career working with children from birth through school-age. Students earning the Youth and After School Certificate will focus on school age children in diverse settings including, but not limited to, recreation and health and academic enrichment. The program emphasizes current research and practical application involving issues related to youth learning and development.

Career Opportunities

Individuals taking this certificate will learn knowledge and skills to support their work in out of school or after school programs, youth coaching and athletic settings as well as academic enrichment support. The certificate also provides a foundation for individuals interested in working as a credentialed teacher (with further post-BA coursework).

Program Learning Outcomes

Students completing this program will be able to:

- Communicate their understanding of education and human development concepts as it relates to school age learning, recreation and out of school time, through written, oral and visual presentations in various professional and academic contexts.
- 2. Demonstrates an understanding of education and human development theories, trends and needs of the school age child by maintaining healthy, safe, respectful, challenging and culturally responsive environments.
- Critically assess their own teaching and learning experiences through critical thinking and reflection that will guide and inform their practice with school age children in various settings including recreation and after school programs.

Major: Core and Selective Requirements

Complete Core Courses, 21 units

| ECE. 201 | Child Development | 3 units |
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| ECE. 212 | Child, Family, and Community | 3 units |
| ECE. 213 | The School Age Child | 3 units |
| ECE. 260 | Children with Special Needs | 3 units |
| EDUC 200 | Introduction to Classroom Teaching | 3 units |
| EDUC 265 | Positive Behavior Support in Inclusive Settings | 3 units |
| KINE 101 | Introduction to Kinesiology | 3 units |

Selective Courses, choose a minimum of 6 units from the following:

List A - Recreation and Health, complete 3 units from the following:

| ECE. 313 | Health, Safety and Nutrition | 3 units |
|----------|--------------------------------|---------|
| KINE 105 | Stress Management | 3 units |
| KINE 109 | Lifetime Fitness and Nutrition | 3 units |

Units

Units

List B - School Age Academic Enrichment, complete 3 units from the following:

| ECE. 191 | Children's Literature | 3 units |
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| ECE. 244 | Curriculum and Strategies for PreK-Kindergarten | 3 units |
| ECE. 247 | Foundations for School Success | 3 units |

Units